



7-Day Italian Reading Challenge

Boost Your Confidence in a Week!

By MindSmith Books

Bonus for Our Top-Rated Language Learning Book on Amazon

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Overview of The Challenge - How It Works

Welcome to your **7-Day Italian Reading Challenge** — designed to help you start reading Italian confidently in a week. Each day you'll spend 15–20 minutes with the stories and the vocabulary lists.

Here's how it works:

- **Read:** Enjoy one of the short stories without worrying about understanding every word.
- **Review:** At the end of each story, revisit the vocabulary list to check meanings and say the words out loud.

By the end of the week, you'll have read multiple stories, and built a strong foundation of new words — all while proving to yourself that you *can* read Italian.

Day-by-Day: How To Do It

Day 1: Warm-Up & First Story

- Read Story 1 once without stopping for every word.
- Review the vocab list at the end of the story and repeat words aloud.

Day 2: Deepen Story 1

- Re-read Story 1 slowly, focusing on pronunciation.
- Review the vocab list and say each word twice.

Day 3: Story 2 — New Vocabulary

- Read Story 2 from start to finish.
- Review the vocab list and practice aloud.

Day 4: Mix & Match

- Re-read Stories 1 and 2 back-to-back.
- Review vocab lists for both stories.

Day 5: Story 3 – Building Momentum

- Read Story 3 as naturally as you can.
- Review the vocab list and say words aloud until they feel familiar.

Day 6: Review & Confidence Boost

- Choose your favorite story so far and read it aloud without stopping.
- Review all three vocab lists in one sitting.

Day 7: Full Challenge – You’re Reading Italian

- Read all three stories in one sitting, flowing through them naturally.
- Review vocab lists for all stories.
- Celebrate: you’ve read Italian every day for a week!

See the next page for a checklist to keep you on track →

7-Day Challenge: Checklist

Day 1 – Warm Up	☐ Read Story 1 once ☐ Review vocab list
Day 2 – Deepen Story 1	☐ Re-read Story 1 aloud ☐ Repeat vocab list words
Day 3 – Story 2	☐ Read Story 2 ☐ Review vocab list
Day 4 – Mix & Match	☐ Re-read Stories 1 + 2 ☐ Review both vocab lists
Day 5 – Story 3	☐ Read Story 3 ☐ Review vocab list
Day 6 – Review & Boost	☐ Re-read favorite story aloud ☐ Review all vocab lists
Day 7 – Finish Line	☐ Read all 3 stories ☐ Review all vocab lists ☐ Celebrate progress!

Thank You & What's Next?

Thanks for reading - we're happy you chose this bonus as part of your language-learning mission.

If you enjoyed it, you might like to pair it with our other language learning books, available on Amazon.

If you'd like to give us any suggestions, need help with something, or to find our full set of helpful books, visit us at MindSmithBooks.com or via the QR code below.



Thanks again,

The MindSmith Team.