



7-Day Italian Reading Challenge

Boost Your Confidence in a Week!

By MindSmith Books

Bonus for Our Top-Rated Language Learning Book on Amazon

Overview of The Challenge - How It Works	2
Day-by-Day: How To Do It	2
7-Day Challenge: Checklist	4
Thank You & What's Next?	5

Overview of The Challenge - How It Works

Welcome to your **7-Day Italian Reading Challenge** – designed to help you start reading Italian confidently in a week. Each day you'll spend 15–20 minutes with the stories, the audio, and the vocabulary lists.

Here's how it works:

- **Read:** Enjoy one of the short stories without worrying about understanding every word.
- **Listen:** Play the audio recording while following along in the text.
- **Review:** At the end of each story, revisit the vocabulary list to check meanings and say the words out loud.

By the end of the week, you'll have read multiple stories, listened to authentic Italian, and built a strong foundation of new words – all while proving to yourself that you *can* read Italian.

Day-by-Day: How To Do It

Day 1: Warm-Up & First Story

- Read Story 1 once without stopping for every word.
- Listen to the audio while following along.
- Review the vocab list at the end of the story and repeat words aloud.

Day 2: Deepen Story 1

- Re-read Story 1 slowly, focusing on pronunciation.
- Listen again and try to read aloud with the audio.
- Review the vocab list and say each word twice.

Day 3: Story 2 – New Vocabulary

- Read Story 2 from start to finish.
- Listen to the audio once.
- Review the vocab list and practice aloud.

Day 4: Mix & Match

- Re-read Stories 1 and 2 back-to-back.
- Pause the audio every few lines and try saying the sentences yourself before pressing play.
- Review vocab lists for both stories.

Day 5: Story 3 – Building Momentum

- Read Story 3 as naturally as you can.
- Listen once, following along.
- Review the vocab list and say words aloud until they feel familiar.

Day 6: Review & Confidence Boost

- Choose your favorite story so far and read it aloud without stopping.
- Play the audio to compare your pronunciation.
- Review all three vocab lists in one sitting.

Day 7: Full Challenge – You're Reading Italian

- Read all three stories in one sitting, flowing through them naturally.
- Listen to the audio for one story, then read another one aloud without audio.
- Review vocab lists for all stories.
- Celebrate: you've read Italian every day for a week!

See the next page for a checklist to keep you on track →

7-Day Challenge: Checklist

Day 1 – Warm Up	<input type="checkbox"/> Read Story 1 once <input type="checkbox"/> Listen with audio <input type="checkbox"/> Review vocab list
Day 2 – Deepen Story 1	<input type="checkbox"/> Re-read Story 1 aloud <input type="checkbox"/> Listen again with audio <input type="checkbox"/> Repeat vocab list words
Day 3 – Story 2	<input type="checkbox"/> Read Story 2 <input type="checkbox"/> Listen with audio <input type="checkbox"/> Review vocab list
Day 4 – Mix & Match	<input type="checkbox"/> Re-read Stories 1 + 2 <input type="checkbox"/> Pause audio and repeat lines <input type="checkbox"/> Review both vocab lists
Day 5 – Story 3	<input type="checkbox"/> Read Story 3 <input type="checkbox"/> Listen with audio <input type="checkbox"/> Review vocab list
Day 6 – Review & Boost	<input type="checkbox"/> Re-read favorite story aloud <input type="checkbox"/> Compare with audio <input type="checkbox"/> Review all vocab lists
Day 7 – Finish Line	<input type="checkbox"/> Read all 3 stories <input type="checkbox"/> Listen to one, read another aloud <input type="checkbox"/> Review all vocab lists <input type="checkbox"/> Celebrate progress!

Thank You & What's Next?

Thanks for reading - we're happy you chose this bonus as part of your language-learning mission.

If you enjoyed it, you might like to pair it with our other language learning books, available on Amazon.

If you'd like to give us any suggestions, need help with something, or to find our full set of helpful books, visit us at MindSmithBooks.com or via the QR code below.



Thanks again,

The MindSmith Team.